

Kitchen Committee

The Kitchen Committee Chair is responsible for implementing the selected set menu for the walk weekend, purchasing all of the groceries for the entire weekend, organizing and storing them once they have arrived at the camp. The Chair is responsible for organizing the crew of folks for each meal, for assigning duties to each member of the committee in such a way to achieve the preparation of the meal at the assigned time.

Planning must be done for each meal so that ingredients for each recipe are identified and purchased at the time of initial shopping trip to minimize expense and save time. Recipes should be recorded in the Emmaus recipe book. If not, then the Chair must put together the recipe well in advance, planning on feeding at least 60-75 people, depending on the numbers attending the walk. The numbers for each meal should be obtained from the Chair of Housing and Registration in conjunction with the Registrar. The meals should be prepaid so they can be planned for in advance.

Shopping for the weekend is normally done on Thursday afternoon and the groceries can be transported directly to the camp. It takes at least 3 people to accomplish this task because of the carts needed to be loaded and either 2-3 vehicles needed to load everything for transport.

Once everything arrives at the camp, everything needs to be marked or identified in some way to separate them from the camp's property and to keep them from getting mixed in with the refreshments. It is wise to post the menus and have the recipes in a central location.

Everyone should be busy during the serving of the meals and afterwards. The crew is responsible for getting the dishes washed and the kitchen cleaned. The counters and floors must be kept clean and mopped.

Once one meal is over, preparation for the next meal begins. Baking cookies or dessert takes place all during the day. Peeling and chopping vegetables is an ongoing process. Sometimes dinner may be started right after breakfast. It is the responsibility of the Chair to coordinate all aspects of meal planning.

The Chair is responsible for assigning the crew with the jobs to ensure the meal is prepared on time, that there is an adequate amount of food to feed not only the inside team but the outside team as well, that the presentation looks appetizing, and that everyone stays focused on the true spirit of service. To do this, the plates must be counted before each meal, appropriate condiments must be on each table, salads on table if menu calls for it, desserts prepared and plated ahead of time and on the table if appropriate, and all the details covered. There should be at least 3 folks serving the food at the hot bar (all wearing gloves), and others in the back ground, getting refills, getting warm rolls out as necessary and meeting any other needs as requested.

Living Waters Emmaus Community of Alabama Inc
Support Team Schedule

The Crews should consists of at least 8 people: 1 experienced chair, 4-5 folks to cook, of which 2 should be men, and at least 2-3 folks to wash dishes and mop floors and take out trash. The clean-up is a never ending process.

At the end of Sunday lunch, following clean-up, everything should be inventoried, packed up in boxes, labeled and sent to the appropriate place for storage until the next walk. The chair is responsible for insuring that perishable goods are stored, if possible, or donated to the camp or other worthy charity. All bills/invoices/receipts from food purchases should be turned in to the Treasurer. Everything should be cleaner than we found it, including the grill and any appliances we may have used.

When making the initial purchases of groceries, it is important to remember that we must provide our own laundry detergent, liquid dishwashing detergent, floor cleaning supplies, trash bags, paper towels, plastic storage bags, hand cleaning soap/disinfectant, aluminum foil etc. Because these products are non-perishable, it is possible that we have them stored from previous walks and there is no need to make additional purchases. Please check storage before making the purchases.

An updated inventory list will be kept in front of the recipe book.

DECOLORES !!

Suggested Living Waters Walk to Emmaus Men's Menu

FRIDAY

BREAKFAST

Eggs
Biscuits with butter and jelly
Bacon and Sausage
Grits
Fresh Fruit
Cereal and Milk
Coffee and Orange Juice

LUNCH

Ham/Turkey/Cheese Sub Sandwiches
Sliced tomatoes, lettuce, condiments
Assorted Chips
Deviled Eggs, Pickles
Brownies
Iced Tea

Grilled Hamburger/Chicken Sandwiches
French Fries
Brownies
Iced Tea

DINNER

Chicken Tetrazzini
Salad
Rolls with butter
Apple or Peach Cobbler
Tea

Chicken Parmesan
Pasta with spaghetti sauce
Steamed Broccoli
Rolls with Butter
Cobbler
Tea

SATURDAY

BREAKFAST

French Toast with syrup

Eggs

Sausage

Cereal with milk

Fresh Fruit

Coffee, Orange Juice

Pancakes with syrup

Eggs

Bacon/Sausage

Cereal with milk

Bananas

Coffee, Orange Juice

LUNCH

Tortilla Roll-ups with turkey and cheese with Ranch to dip (2)

Chips and Salsa

Chocolate chip cookies

Tea

Chili or Beef Stew

Grilled Cheese Sandwich

Crackers/ Chips

Cookies

Tea

DINNER

Olive Garden Lasagna

Bread sticks

Salad

Italian Cream Cake

Tea

Spaghetti and Meatballs/Sauce

Salad

Bread sticks

Cake

Tea

Living Waters Emmaus Community of Alabama, Inc
Support Team Schedule

SUNDAY

BREAKFAST

Breakfast Casserole (sausage/egg/cheese)

Biscuits with butter and jelly

Cereal and milk

Coffee and OJ

Sausage Biscuits

Eggs

Bananas

Cereal and milk

Coffee and OJ

LUNCH

Beef or Pork Roast

Mashed potatoes with gravy or Scalloped or Baked Potatoes

Green Beans

Ice Cream

Roasted Turkey & Dressing

Gravy

Sweet potatoes

Green peas

Ice Cream

Suggested Living Waters Walk to Emmaus Ladies Menu

FRIDAY

BREAKFAST

Eggs
Biscuits with butter and jelly
Bacon (Sausage)
Turkey Bacon
Grits
Fresh Fruit
Cereal and Milk
Coffee, Orange Juice, Grape Juice

LUNCH

Chicken Salad on lettuce OR Chicken Salad Croissant
Sliced tomatoes, carrot sticks, celery sticks
Assorted Crackers OR Chips
Deviled Eggs, Pickles
Brownies
Iced Tea

Grilled Chicken Salad
Assorted crackers/breadsticks with butter
Assorted dressings
Brownies
Iced Tea

DINNER

Chicken Tetrzzini
Salad
Rolls with butter
Apple or Peach Cobbler
Tea

Chicken Parmesan
Pasta with spaghetti sauce
Steamed Broccoli
Rolls with Butter
Cobbler
Tea

SATURDAY

BREAKFAST

French Toast with syrup

Eggs

Cereal with milk

Fresh Fruit

Coffee, Orange Juice

Pancakes with syrup

Eggs

Bacon/Sausage (Optional)

Cereal with milk/Oatmeal

Bananas

Coffee, Orange Juice

LUNCH

Tortilla Roll-ups with turkey and cheese with Ranch to dip

Chips and Salsa

Carrot and celery sticks

Chocolate chip cookies

Tea

Vegetable Soup

Grilled Cheese Sandwich (or half)

Crackers/ Chips

Cookies

Tea

DINNER

Olive Garden Lasagna

Bread sticks

Salad

Italian Cream Cake

Tea

Spaghetti and Meatballs/Sauce

Salad

Bread sticks

Cake

Tea

Living Waters Emmaus Community of Alabama, Inc
Support Team Schedule

SUNDAY

BREAKFAST

Bagels and cream cheese
Assorted Muffins
Yogurt
Fresh fruit
Cereal and milk
Coffee and OJ

Boiled Eggs
Toasted English Muffins
Jelly and Butter
Hot cinnamon Rolls
Cereal and milk
Coffee and OJ

LUNCH

Beef or Pork Roast
Mashed potatoes with gravy or Scalloped or Baked Potatoes
Green Beans
Ice Cream

Roasted Turkey & Dressing
Gravy
Sweet potatoes
Green peas
Ice Cream