

Living Waters Emmaus Community of Alabama Inc  
Support Team Schedule

**WALK REFRESHMENT COMMITTEE**

The responsibilities for this committee are to provide refreshments for the food breaks on the walk weekend and for team meetings as requested by the walk Lay Director. This may include water for the conference room and coordination and assistance with the other refreshment committees.

**Refreshments for Walk**

**All times below are subject to change. Keep in touch with the ALDs to keep on schedule.**

**Best advice is to prepare for breaks 30 minutes early.**

**We have also included a sample menu to help you prepare.**

**We leave the final decisions of food to your team.**

Friday 10:30 am food break

Friday 2:40 pm food break

Friday 8:10 pm food break

Saturday 9:20 am food break

Saturday 3:45 pm food break

Sunday 9:35 am food break

Sunday PM

Be sure all serving dishes, etc are properly stored and all remaining refreshments are either used by Follow Up or taken away. Do not leave anything. If you don't know how it will be used in the immediate future...in the freezer, cooler, anywhere. Take it away or otherwise dispose of it.

Restore all Camp Boothe items to proper place. Trash and garbage taken away.

Consult with Closing Refreshment Committee and ALD'S/Table Leaders about items that can be used for Closing and Follow Up including paper products and drinks.

You are responsible for all Weekend Refreshment items...none should be left if items are not used by one of the 3 committees: Weekend, Closing, and Follow-Up.

Your team is responsible for furnishing **bottled water** for the pilgrims. We suggest the small bottles and using a refillable water cooler (Living Waters has one) for refills. You will need enough bottled water for all 3 days. There are normally 48 people or less in the conference room. So,  $48 \times 3 = 144$  bottles of water will be needed for the weekend.

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**AT TEAM MEETINGS:**

**List items that can be donated and have that list at each Team meeting for sign up.**

**(If a list for items to be brought to Weekend by team members is not available, make your own, for sign up at team meetings)**

**Be sure to remind Team Members about which item they signed up for .**

You will need:

(Check LWE permanent inventory for many of these items)

Assorted colorful tablecloths (takes 2 54X108 to cover the table)

Assorted colorful plastic/paper plates

Assorted colorful plastic cups

Assorted plastic utensils (forks, spoons)

Table centerpieces (flowers, crosses, roosters, candles, etc)

Assorted colorful napkins

Assorted serving platters, bowls and utensils

Ziploc bags for storage

For the Friday morning and afternoon break use white tablecloths, plates, etc

From the Friday night break forward, you can start adding color to the table. Build your table with more color as the Walk progresses. There are many assorted tablecloths and serving bowls, platters and utensils, decorations in the kitchen boxes.

**Suggestions for refreshments:**

**Use homemade goodies.**

Remember that you may have diabetics on the walk.

Try to have veggies, fruit, crackers and chips on the table at each snack break. Ask reunion groups to help furnish items. Be creative with your tablescapes. **If you notice above, you will have 6 food breaks.** Try to have 6 different dips, cakes, chips, etc. Don't buy huge quantities. You want to have just enough for each break. This way, you have something NEW and different on each break.

Soft drinks (2 2-liters of every flavor will get you started, don't forget diet)

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Chocolate cake, strawberry cake, coconut cake, pound cake, banana nut bread, brownies, pecan pie, lemon ice box pie, chocolate chip cookies (2 dozen), peanut butter cookies (2 dozen), Oreos, oatmeal cookies, pecan sandies, sugar cookies, sugar-free cookies, assorted muffins

Assorted nuts, trail mix, parched peanuts, prunes, raisins, chex mix

BBQ potato chips, plain potato chips, sour cream & onion potato chips, tortilla chips, pretzels, cheese curls

Ranch dip, salsa, spinach dip, onion dip, pimento cheese dip, chicken dip, fruit dip, hot cheese dip (crock pot), chili dip (crock pot), green onion dip, chocolate dip, 7 layer dip,

Broccoli, carrots, cherry tomatoes, celery, cauliflower, cucumbers, bell peppers,

Pickles, olives, pickled mushrooms,

Peanut butter and jelly sandwiches, pimento cheese sandwiches, turkey sandwiches

Pepper jack cheese cubes, sharp cheddar cheese cubes, Colby cheese cubes

Cantaloupe, bananas, oranges, assorted apples, strawberries, assorted grapes, honeydew melon, watermelon, pineapple chunks, lemons, sliced peaches, pears

Cheese nips, Ritz crackers, wheat crackers, town house crackers, saltines, goldfish

M&Ms, M&M peanut, gummy worms, gummy bears, assorted candy, sugar-free candy

**DECOLORES !!**